

CHALAZION REMOVAL
AFTERCARE INSTRUCTIONS

- If eye is patched following the procedure, keep patch on until the next morning (if tolerated). If the eye opens under the patch, remove immediately.
- Once the patch is removed, begin cold compresses for 24 hours - 4x per day for 20 minutes only.
- There may be mild discomfort after the procedure once the anesthetic wears off. If you have pain, you may take Tylenol (acetaminophen).
- You may use artificial tears if the eye is scratchy.
- Eyelid swelling and bruising is normal and may worsen after 48 hours.
- Bloodstained tears are normal, however if bleeding persists, use cold compresses with gentle pressure for 20 minutes.
- Avoid exercise and makeup application for a minimum of 48 hours after procedure.
- If any signs of infection occur (increased pain, swelling, vision or yellow discharge) please contact the office immediately.
- Blurry vision is normal. Contact the office immediately if you experience loss of vision.

If you have any questions or concerns, please contact our office at (561) 845-6500